



Health & Wellness Day

Saturday, October 22, 2011

7 am to 11 am

Elks Lodge
325 South 3rd West
Mountain Home, ID

Services available & offered at reduced rates!

Blood tests: For one charge, you get the following checked...

⇒ **Chemistry Profile**

Can help diagnose common diseases, such as diabetes, heart disease, and more.

⇒ **Cholesterol Fractionation**

Examines your cholesterol to see if it is in a normal range.

⇒ **Thyroid Stimulating Hormone (TSH)**

Checks the status of your thyroid, which can affect metabolism.

Blood test participants must not eat or drink anything 12 hours prior to the test, except water and tea/coffee without cream and sugar.

\$25 prepaid

\$30 walk-in

⇒ **PSA blood test (Prostate screening)**

\$12 prepaid

\$15 walk-in

Flu shots: Pre-registration necessary.
One shot for both seasonal and H1N1 flu.

\$16 pre-registration necessary

All registration form brochures available at Elmore Medical Center front desk and Trinity Mountain Medical Clinic lobby.

Must be 18 years or older.

Pre-registrations due October 21st , 5pm



Blood test / flu shot pre-registration form

Pre-registration deadline 10/21/11 by 5pm.

Name

Address

Phone

Check the box for each test requested

- | | |
|----------------------------------------------------|------|
| <input type="checkbox"/> Blood Tests | \$25 |
| <input type="checkbox"/> PSA Test | \$12 |
| <input type="checkbox"/> Seasonal/H1N1 Flu Vaccine | \$16 |
| (must be 18 yrs and older) | |

Order total: _____

Method of Payment

- Check
 Visa
 MasterCard

Credit Card #

Exp. date

Signature



Mail or drop off registration form at
895 North 6th East
PO Box 1270
Mountain Home, ID 83647

Questions? Need more info? contact:
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